

From Afghanistan to Africa: Modelling bed requirements for Healthcare workers in Sierra Leone

Jordan Low, Charlotte Vallily, Sam Rose
DSA Division, Defence Science and Technology Laboratory



Title slide

Who are we?

Dstl Support to Operations

- Provides **embedded** Science and Technology (S&T) and **analytical support** in UK headquarters at home and on operations.
- Manages the **reachback facility**, allowing deployed / operational headquarters and planners to access fast turnaround S&T advice from Dstl, 24/7.

26 July 2015
© Crown copyright 2015 Dstl

UK OFFICIAL

About the group.

This presentation focusses on the analytical bed planning side of Dstl's involvement. It does not cover the work done by OGDs (Save the Children, Medicins Sans Frontieres) or the lab work / staff provided by Dstl.

Background




1. **Ebola breaks out** in West Africa.
2. **The UK** seeks to provide treatment, isolation and triage of infected people in **Sierra Leone**.
3. UK Government and World Health Organisation rapidly identify possible need for **treatment of Healthcare Workers**.
4. UK MOD are asked to “*design, build and operate a treatment centre for healthcare workers*” – **Op GRITROCK** is started to provide this.
5. Capacity initially set at **12 beds** (8+4).

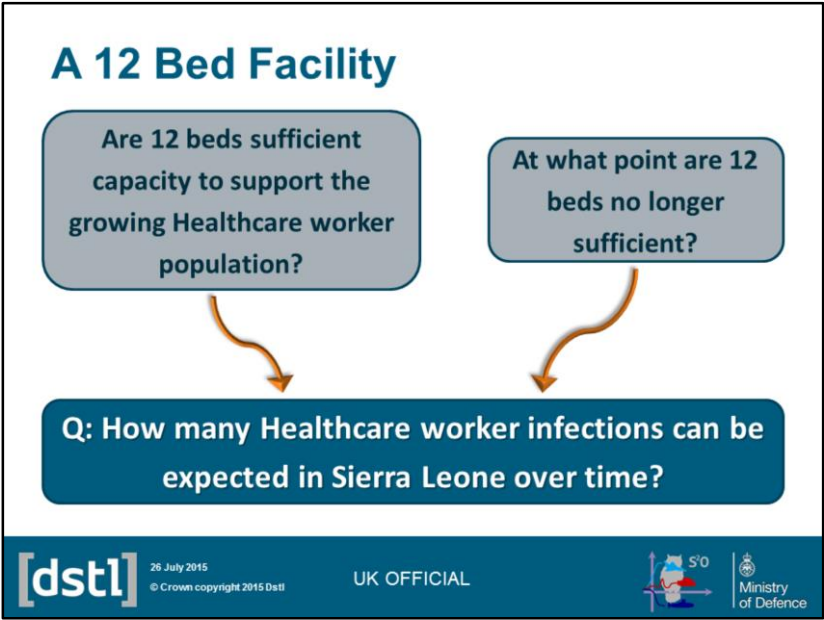
[dstl] 26 July 2015
© Crown copyright 2015 Dstl

UK OFFICIAL



Basic outline of events leading up to Dstl's involvement.

1. In March 2014, a rapidly evolving outbreak of Ebola haemorrhagic fever started in Guinea. The outbreak subsequently spread to Liberia, Sierra Leone, Nigeria and Senegal.
2. On 8 Aug, WHO declared the Ebola outbreak in West Africa a Public Health Emergency of International Concern (PHEIC). UK effort to provide aid to Sierra Leone is started.
3. Different levels of treatment are likely to be provided to different groups, with Healthcare Workers (HCW) who put themselves at risk of Ebola the most critical group.
4. Therefore the UK has been asked to design build and operate a treatment centre open only to HCW. OP GRITROCK is started.
5. The capacity of this facility has initially been set at 12 beds (8 treatment and 4 isolation), based on what could easily be delivered in the timescales. Given the increased potential demand for the facility as more and more HCW enter the country, this raises the obvious question...



Questions asked by Ops Directorate, who inform the Gov. planning for the treatment centre.

Are 12 beds sufficient, and at what point are they no longer sufficient (decision points)?

Both rely on the more fundamental question: how many HCW infections are expected in Sierra Leone over time?

Q: How many Healthcare worker infections can be expected in Sierra Leone over time?

What variables does this depend on?

The **rate** at which workers are infected (infection rate)

The **total number** of workers that are at risk



dstl

26 July 2015

© Crown copyright 2015 Dstl

UK OFFICIAL

S'O

Ministry of Defence

Slide to put the key challenges into context.

What are the key variables affecting this?

The infection rate and PAR are most important. Highlight the fact that at this point in time the only information passed around was assumptions on both. We will come back to this later.

© Crown copyright 2013 Dstl

5

Q: How many Healthcare worker infections can be expected in Sierra Leone over time?

Initial Modelling

1. Counter-Threat Effects Team develop **Monte-Carlo simulation** of total infections
2. MOD Operations Directorate ask Dstl to **confirm** methodology
3. Dstl seek **Public Health England** expertise, who provide an **alternative method**
4. **Doubt** is raised over the origin of the infection rates used
5. Dstl are asked to **calculate reliable infection rates**



26 July 2015
© Crown copyright 2015 Dstl

UK OFFICIAL



This is where we were initially involved.

As part of the Operations Directorate, the Counter-Threat Effects Team made the first attempts to answer this question and Dstl (through S2O) were asked to confirm (or deny) the validity of the answers.

To do this, we originally asked PHE to help as they have more expertise in the area and are more likely to have the relevant knowledge. During these discussions we became curious as to why the OpsDir had given us percentages of population that would be infected, and it turned out that these were (on a very basic level) simply educated guesses from the surgeon general.

The need for formal clarification of the infection rate became apparent, and Dstl were tasked to do this.

Calculating Infection Rates for HCWs

Sept



- Initial efforts hampered due to lack of data – literature focussed on the general population, healthcare worker numbers for Sierra Leone were incomplete, inconsistent or unreliable. Links were made with other organisations to attempt to answer this.






26 July 2015

© Crown copyright 2015 Dstl

UK OFFICIAL



Ministry of Defence

Mid September.

Have HCW infection rates been studied? (No)

Open-source literature focuses on spread in the **population**, not HCWs

Done in terms of parameters other than “infection rate” (e.g. R_0)

Do we have enough to calculate them? (No)

Infection rate needs **total infected**, **people at risk**, and **time at risk**.

Real Sierra Leone data was initially **unreliable** or scarce.

Recent reporting was reconsidered to look for the most up-to-date figures.

HCW specific numbers for **Sierra Leone** were **incomplete**, **inconsistent** or **unreliable**.

Calculating Infection Rates for HCWs

Sept

Oct

- Initial efforts struggled with lack of data
- Liberia data used to supplement Sierra Leone. Dstl joins UK Ebola Modelling Group.

Subpopulation (UK supported)	Liberian infection rate per month (%)
Local National HCW	calculated
International HCW	calculated



[dstl]

26 July 2015
© Crown copyright 2015 Dstl

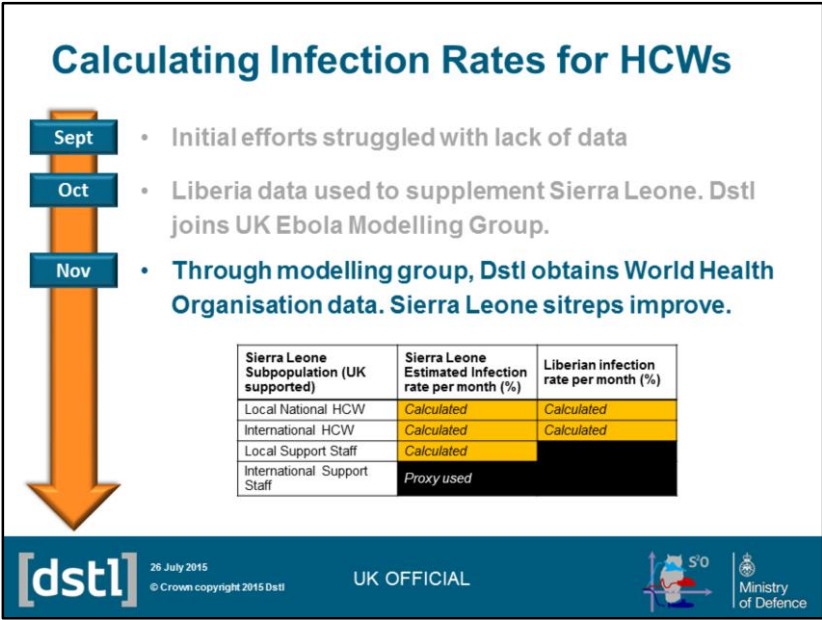
UK OFFICIAL

S'O

Ministry of Defence

October – first results. Significant uncertainty, but already seeing that the doubt in the rates was justified.

1. International workers have **different rates** to local nationals, treat each separately (differing levels of PPE [initially], training, etc.)
2. Scale the number of HCWs in role in Sierra Leone to estimate numbers in Liberia
3. Assume HCWs have been there for **6 months** of the crisis
4. Use infected numbers from Liberia to **calculate individual infection rates** and generate a (weighted) **average infection rate for Local Healthcare Workers**
5. Use **Médecins Sans Frontières reporting** to generate an average **infection rate for International Healthcare Workers**

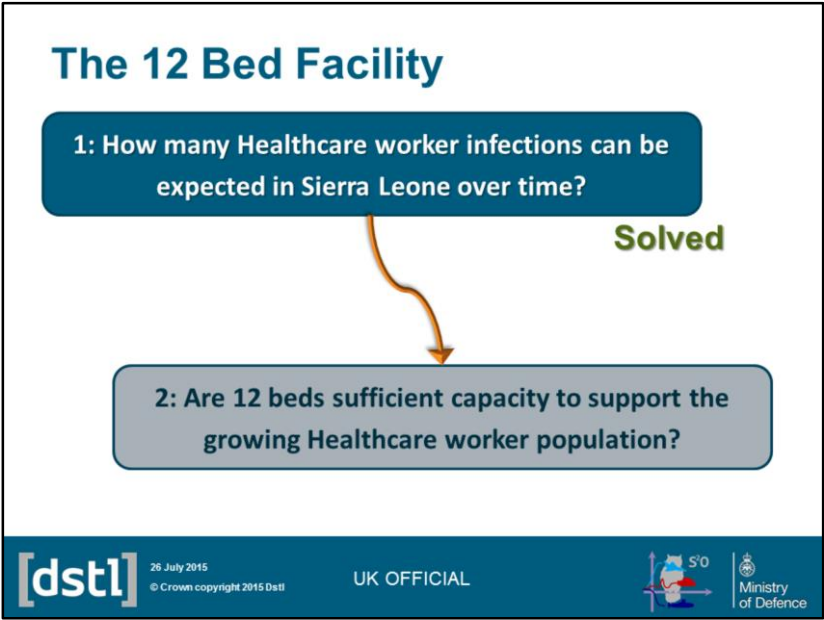


WHO Sierra Leone data received: Nov 2014

SL Sitreps are collated by the US (Caitlin Rivers)

- Green** – Data source can be justified as reliable (consistent updates and can be cross referenced with other data sources to confirm numbers) and as current as possible. The confirmed cases of EVD have time stamps.
- Amber** – Data source is questionable (updates are inconsistent and cross referencing with other data sources shows discrepancies), or second-hand.
- Red** – Source is spurious, out-of-date or unreliable.
- Black** – Data currently doesn't exist or is unavailable. Weekly/monthly breakdowns of population are available, rather than cumulative totals since outbreak.

High uncertainty still, but good bounds on the values. Can use these going forwards.



Now we've answered the base question, attempts can be made to answer the relevant original questions.

Q: Are 12 beds sufficient capacity to support the growing Healthcare worker population?

What variables does this depend on?

• The expected number of Healthcare workers infected over time

Estimated

• The length of time each worker spends in bed

Unknown



dstl

26 July 2015

© Crown copyright 2015 Dstl

UK OFFICIAL

S'O

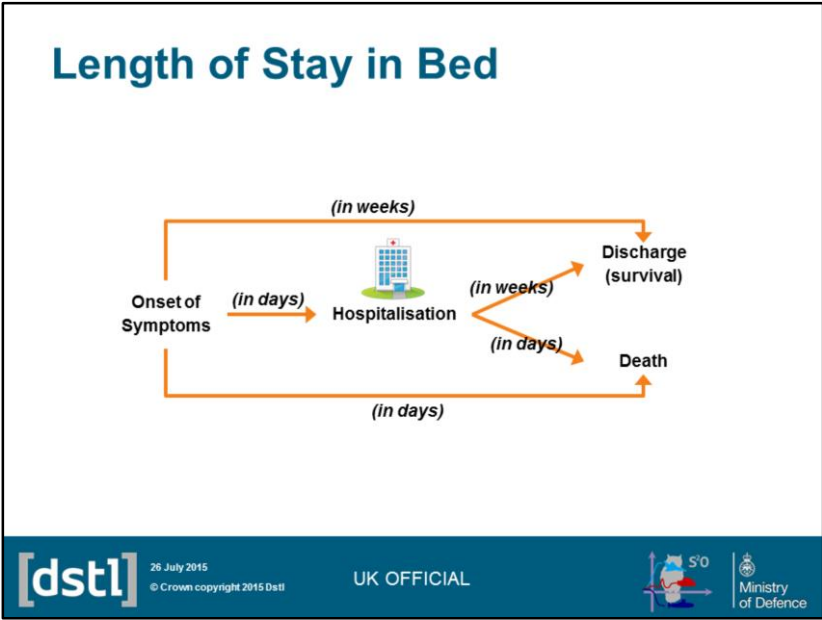
Ministry of Defence

Slide to highlight key challenges.

Dstl were (again) not the ones originally modelling the bed occupancy, but we took over from PJHQ.

© Crown copyright 2013 Dstl

11



Used various different sources to attempt to fill this diagram in. Even though only two of the parameters are of relevance, needed to get all of them to check for (a) consistency, and (b) allow us to vary e.g. time **before** presentation, which may be lower for HCWs.

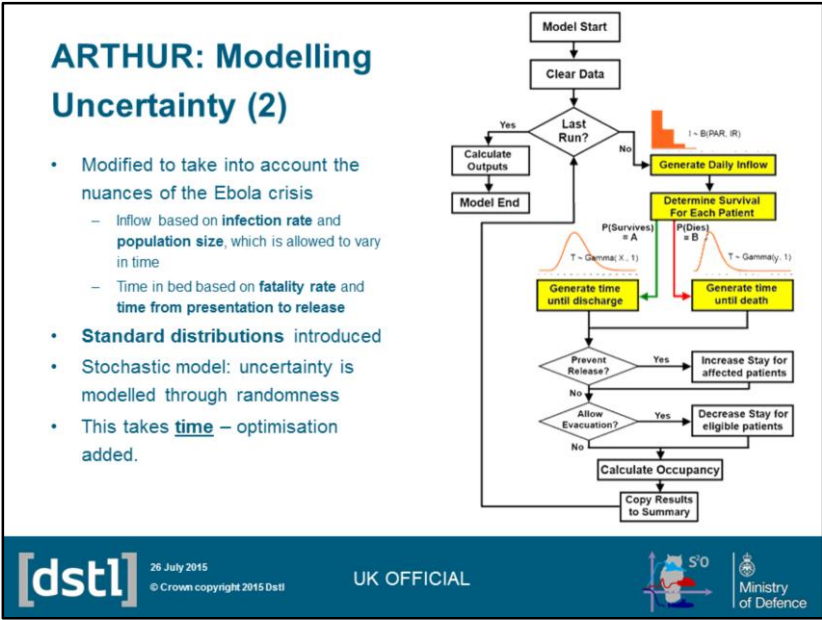
Note hospitalisation-discharge bigger than hosp-death, and onset-hosp is smaller for HCWs.

- The **Analysis of Requirements Tool for Hospital Utilisation and Resources**
- A **stochastic model**
- Models **bed occupancy** for different categories of patient.
- Used to assist with **medical planning** for deployed medical facilities in operations such as **Afghanistan**.


 26 July 2015
 © Crown copyright 2015 Dstl
 UK OFFICIAL




© Crown copyright 2013 Dstl



How do we use this to answer the original question? (How many HCW infections in SL per week)

We took the existing ARTHUR model, which already did some of what we wanted, and looked at what features needed to be added that were specific to this question.

Firstly the number of patients presenting was previously done from specified probabilities - we now wanted to specify this in terms of infection rate and the population at risk, which could potentially vary as new HCWs arrive or old HCWs return.

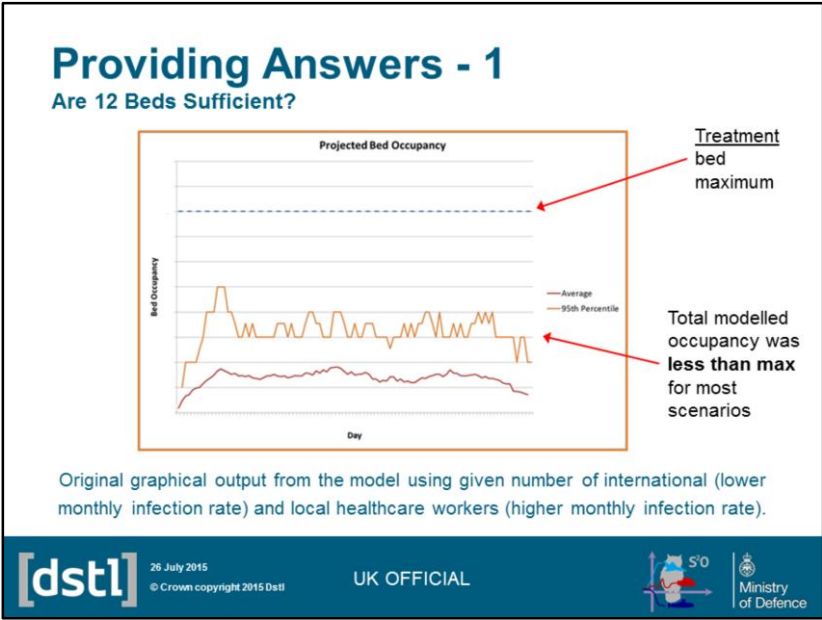
Secondly, the length of time each patient spends in bed, again previously specified by probabilities, is now a function of survival (which depends on the fatality rate) and the average time it takes to care for them, so it made sense to use these as inputs instead.

We found we could do both of these by taking the inputs we wanted to use (the words in bold) and turning them into the inputs that ARTHUR already took (cumulative probabilities) through standard distributions

And it didn't take long to realise that the limits ARTHUR imposed (max. 40 patients in per day, max. 10 day stay, max. 50 days modelled) could be exceeded for some input values, so we increased these

We then had a stochastic model that gave us a predicted number of beds occupied and ranges around these (e.g. 95th percentile)

But this takes time to complete for every set of inputs. This was why some of the later questions were so hard to answer – it becomes impossible to look at continuous variations in the input data and so it's not possible to look at the whole picture.

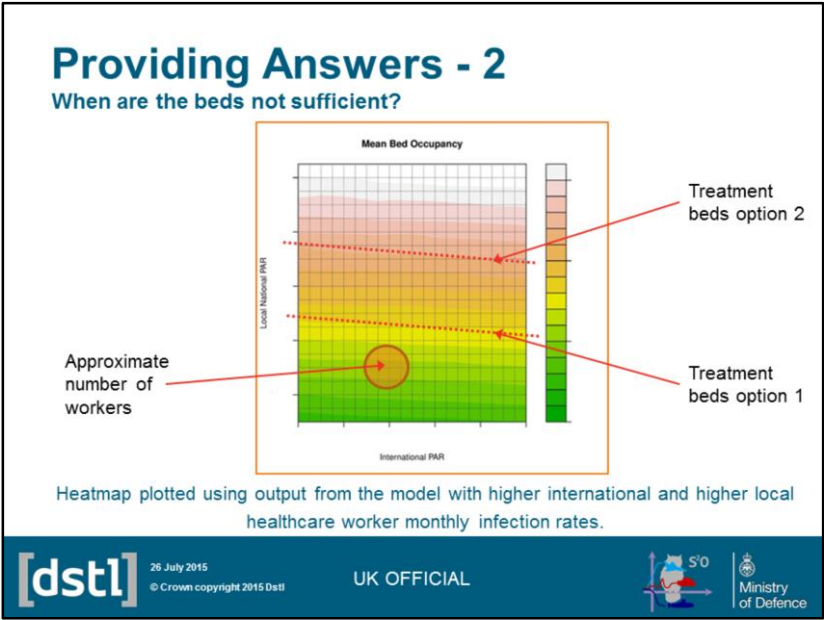


Axes removed to lower classification

Now that we had a model and values for each of the inputs, we could begin looking at the predicted occupancy and provide some responses. While the capacity had been set at 12 (8+4) beds, the Ops Directorate were also considering the option of 16 (12+4) beds. However, as you can see from the example output shown, there were very few scenarios where the modelled daily occupancy rose above 8 at the 95th percentile. The graph shown here was generated using the lower infection rates, a Y% CFR and X days in bed.

We found that even using the higher infection rates (X%, Y%) and nearly double the number of local healthcare workers, the modelled occupancy stayed below A or B. This was possibly the worst case we saw.

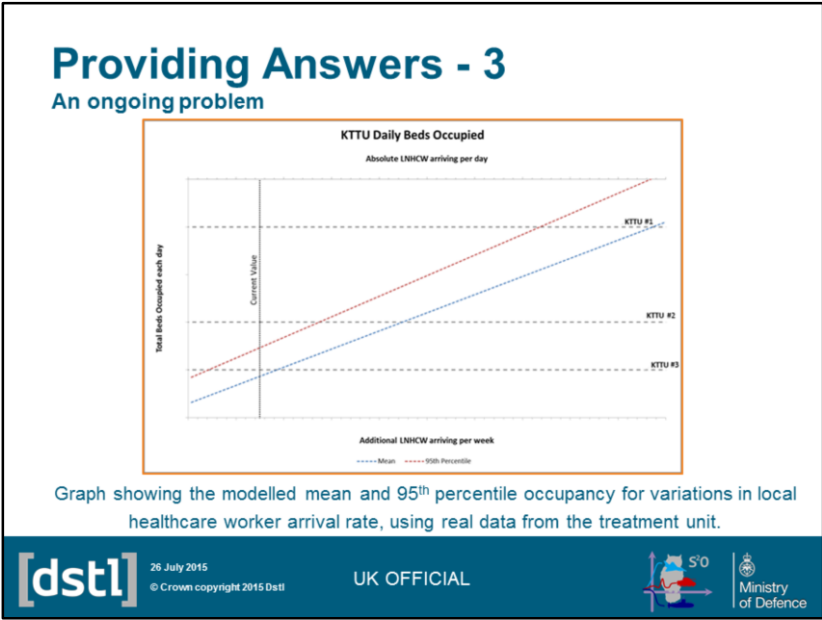
Because of the upper and lower “choices” for infection rates and some uncertainty surrounding the exact number of healthcare workers in country (Sierra Leone), at the beginning we were running 4 or 5 scenarios on a regular basis as new numbers came in and the question was asked again. So to cope with this and try to handle some of the uncertainty we let the model run hundreds of scenarios on its own.



Axes removed to lower classification and estimated circle made much larger

This allowed us to plot a heatmap (using R) where two of the parameters are varied. Originally we had the greatest uncertainty around local PAR and local IR so the first heatmap plotted these. This was interesting as it highlighted two points where the model hadn't been run for long enough, so for the next heatmap (which is the one shown – at this point we were also tasked to consider a 16+4 bed facility) we ran the model for twice as many replications (100).

The graph shown is the mean bed occupancy – we also produced similar maps for the 95th percentile – and it still clearly shows that the 8 treatment beds are sufficient for the estimates of HCW numbers we were being given. However, the advantage of plotting the results this way was that it allowed us to also calculate when the given number of beds would **not** be sufficient – the “breaking point”. By fixing the number of international workers at A VALUE, for example, (as the Ops Directorate could be more certain of this number) we knew that 8 beds could support up to X local nationals at the mean occupancy and between A-B at the 95th percentile with the higher infection rates. Other bed sizes and infection rates were also tried and the results of those passed on to the Ops Directorate.



Axes removed to lower classification

The challenges in Sierra Leone are ongoing, and we now have about 3 months of real Kerrytown treatment unit patient data. This has allowed us to compare our model’s output with the actual occupancy to both gain confidence that the model is accurate, and narrow down some of the parameters that have uncertainty associated with them. This graph is some of the more recent output from our model, aiming to inform the setting of **decision points** – i.e. when the facility size will be increased or decreased. Here, due to the unknown population sizes but data on arrivals, we’ve moved to using absolute arrival rates in place of infection rates. This particular version made its way all the way up to the Cabinet Office Briefing Rooms, where it informed a recent decision to downsize the facility.

More analysis is now underway, taking the triage beds into account, to inform a future decision on whether to downsize even further to either an 8 (4+4) bed facility, or even just a 4 bed holding unit.

Impact

- Analysis has informed decisions on **medical rules of eligibility**.
- This informed the **increase** in the number of beds and widening of the rules.
- Further output stopped decision makers from moving to more, unnecessary beds.
- Recent analysis has informed a decision to move to a **smaller ward size**.





26 July 2015

© Crown copyright 2015 Dstl

UK OFFICIAL



Ministry of Defence

CO 22 Field Hospital, Lt Col Alison McCourt: There were too many beds for a while, and staffing/maintaining them was a huge burden.

